

EXECUTIVE SUMMARY

1. The potential for false-positive and false-negative mammography results remains:
A moderate B high C low D insignificant
2. The risk of a false-positive mammography result is about 1 in:
A 10 B 12 C 8 D 7
3. The United States requires physicians who interpret mammograms to read a minimum of ——— while the UK requires 5000 per year.
A 480 per year B 640 per year C 4500 per year D 6500
4. Which of the following are risk factors identified by the “Gail model?”
A age B age at menarche C age at first live birth D all of the above
5. What should researchers and technology developers of screening techniques focus their efforts most on?
A accuracy of technology B Identifying women most likely to benefit from screening C precision of technology D developing interpretation techniques
6. Essential clinical studies on new technology assessments are expensive, typically costing ——— of dollars.
A hundreds of thousands B tens of thousands C billions D millions
7. Because of the costs involved, considerable attention should be given to avoiding poor study design, eliminating unintentional bias, and:
A calculating patient risk B streamlining procedures C standardizing data collection D all of the above

CHAPTER ONE: INTRODUCTION

8. Because of improved treatments and the benefits of mammography screening, breast cancer mortality has decreased steadily since:
A 1972 B 1976 C 1985 D 1989
9. As many as ——— percent of cancer cases may go undetected by mammography.
A 17 percent B 9 percent C 12 percent D 7 percent
10. Balas and Boren estimated that the interval between discovery and application for innovations has been an average of:
A 6 years B 17 years C 12 years D 9 years
11. Women under 40 account for about ——— percent of breast cancer cases.
A 15 B 10 C 5 D 1
12. In the mid-1980s, about 100 women per year received high-dose chemotherapy; in 1994, that number grew to more than:
A 8000 B 4000 C 2000 D 1000
13. In as many as ——— of presentations at high-profile scientific meetings with mass media coverage, the findings were never published.
A one in three B one in eight C one in six D one in four

CHAPTER TWO: BENEFITS AND LIMITATIONS OF MAMMOGRAPHY

14. Mammography specificities generally fall in the range of ——— percent.
A 75-82 B 80-88 C 85-92 D 90-98
15. Two studies suggest that among women who receive annual mammograms for 10 years, ——— will have at least one suspicious finding.
A one quarter B one third C half D two thirds
16. One way to increase the positive predictive value of a screening test is to target the test to those at high risk of developing the disease.
A True B False

17. Overall, the evidence indicates that the availability of screening reduces mortality from breast cancer by:
- A 10 to 20 percent B 20 to 30 percent C 30 to 40 percent D 40 to 50 percent
18. Scattered glandular tissue has a glandular density of:
- A 50-75% B less than 25% C more than 75% D 25-50%
19. Technologies that are not based on x-rays, such as magnetic resonance imaging and sonography, are less affected by breast density.
- A True B False
20. Obesity is commonly associated with fatty breasts and accounts for more than ——— percent of the variance in breast density.
- A 20 B 40 C 30 D 50
21. Studies indicate the additional costs of evaluating false-positive results can add up to ——— of the total cost of screening for all women.
- A half B one quarter C one third D three quarters
22. In one study, ——— percent of women said pain would deter them from future screening.
- A 12 B 7 C 5 D 20
23. In one survey, women questioned immediately following screening reported that the part of the procedure they found most stressful was:
- A the hassle of the procedure B pre-procedure anxiety C pain during the procedure D waiting for results
24. Radiation sensitivity among women drops precipitously after age:
- A 30 B 35 C 40 D 45
25. Among screen-detected breast cancers, ——— percent are DCIS.
- A 17 B 14 C 25 D 20
26. DCIS is believed to precede the development, over time, of:
- A fibroadenoma B invasive breast cancers C angiosarcoma of the breast D phyllodes tumors
27. LIN is typically detected by:
- A a routine blood test B a biopsy performed for another reason C microcalcifications on mammogram D masses on mammogram
28. Most DCIS is suspected on the basis of:
- A large, uniform calcifications B a mass C microcalcifications D all of the above
29. ——— biopsy is recommended and preferred for diagnosis of DCIS.
- A Image-directed open surgical B Stereotactic core C Ultrasound-guided D Fine-needle aspiration
30. Overall, most cases of DCIS are high grade, regardless of how they were detected.
- A True B False C D
31. Treatment guidelines recommend ——— for localized DCIS.
- A RT B mastectomy C BCS D BCS plus RT
32. What percentage of DCIS recurrences are invasive breast cancer?
- A 30 B 60 C 40 D 50
33. DCIS is now recognized to be very ——— is its clinical behavior.
- A heterogenous B homogenous C likely invasive D harmless

69. Continuing medical education required for radiologists in the United States almost never targets recall or cancer detection rates.
 A True B False
70. Digital mammography systems offer better contrast and lower spatial resolution at a(n) ——— radiation dose than traditional screen film.
 A much higher B somewhat higher C equivalent D lower
71. In a 2001 study, radiologists found nearly ——— percent more cancers with CAD than they did without.
 A 10 B 15 C 20 D 25
72. ——— for this technology may be a key factor in the adoption of CAD.
 A reimbursement B training C the use of digital mammography D all of the above
73. In ———, the FDA cleared MRI for use as a diagnostic tool to evaluate breast tissue abnormalities, but not as a screening tool.
 A 1987 B 1994 C 1989 D 1991
74. Ultrasound is often used instead of mammography to investigate palpable breast abnormalities in women who are:
 A pregnant B under 30 C both A and B D none of the above
75. A study using a “double screen” of mammography plus ultrasound detected ——— percent of breast cancers.
 A 68 B 97 C 72 D 92
76. While the number of radiologists is growing by an estimated 2 percent per year, their workload is increasing by about ——— annually.
 A 6 percent B 3 percent C 5 percent D 8 percent
77. Overall, about ——— percent of physicians in nonsurgical specialties cite research as their primary activity.
 A 1 B 2 C 3 D 4
78. At approximately \$280 million, the 2003 budget for NIBIB was the ——— of the NIH institutes.
 A smallest B second smallest C largest D second largest
79. Nonphysician provider training programs produced ——— as many graduates in 1997 as they did in 1992.
 A 1.5 times B half C three times D twice
80. A(n) ——— surveys mammography equipment and oversees quality assurance practices.
 A medical physicist B radiologic technologist C interpreting physician D none of the above

CHAPTER FOUR: UNDERSTANDING BREAST CANCER RISK

81. ——— of invasive breast cancers are in women over the age 50.
 A half B over three quarters C less than sixty percent D one quarter
82. ——— percent of women who develop breast cancer have no family history among their first-degree relatives
 A fifty-seven B sixty-five C eighty-nine D eighty-two
83. Approximately ——— percent of women who develop breast cancer have the type of cancer called hormone receptor positive.
 A 80 B 65 C 75 D 70
84. A risk factor for developing breast cancer includes a breast that is more than ———% mammographically dense.
 A 75 B 65 C 82 D 56
85. Age at menarche being younger than ——— years old increases the risk of developing breast cancer.
 A 10 B 13 C 11 D 12

86. The majority of breast cancer cases are due to an accumulation of cellular (somatic) changes that occur during a patient's lifetime.
 A True B False
87. Lifetime risks of breast cancer in women in the general population who test positive for BRCA1 could be as low as:
 A 40% B 45% C 65% D 55%
88. Lifetime risks of breast cancer in women in the general population who test positive for BRCA2 could be as low as:
 A 26% B 15% C 31% D 12%
89. Birth cohort and physical exercise also have been shown to partially mitigate the influence of BRCA1.
 A True B False
90. Researchers have detected more than ——— mutations of BRCA1 or BRCA2, but the clinical significance of these is not yet known.
 A 1500 B 2000 C 2500 D 3000
91. A test for all of the known mutations in BRCA1 and BRCA2 genes would cost nearly:
 A \$1000 B \$2000 C \$3000 D \$4000
92. Each polymorphism probably increases or decreases breast cancer risk by only a small amount, perhaps ——— percentage points.
 A 2 or 3 B a few C less than 10 D about 5
93. The odds ratio of the HRAS1 gene is:
 A 2.04 B 1.48 C 1.12 D 1.18
94. For every, 1,000 women over age 50 screened, mammograms will reveal approximately ——— cases of invasive cancer or DCIS.
 A 1-2 B 3-5 C 2-3 D 4-6
95. One study reported that women in their forties overestimated their probability of dying of breast cancer within 10 years by more than:
 A 3-fold B 12-fold C 20-fold D 10-fold
96. Women with BRCA gene mutations estimated their lifetime risk as:
 A 25 B 65 C 75 D 80
97. A large body of research has shown that good communication and strong patient-provider relationships are linked to:
 A greater patient satisfaction B positive health outcomes C both A and B D Neither A nor B
98. Current screening strategies rely most heavily on age, followed by:
 A age at first live birth B age at menarche C genetics D a history of breast disease

CHAPTER FIVE: BIOLOGICALLY BASED TECHNOLOGIES

99. Biological methods may prove to be advantageous for screening high-risk populations, but are not likely to replace mammography.
 A True B False
100. The potential use of the germ-line mutation is:
 A screening B a risk indicator C diagnosis D prognosis
101. The somatic genetic alterations biomarker can potentially be used for:
 A a risk indicator B screening C diagnosis D all of the above
102. Changes in individual serum markers can be used for:
 A a risk indicator B prognosis C choosing therapy D all of the above

103. The angiogenesis biomarker can be used for:

- A a risk indicator B prognosis C choosing therapy D all of the above

104. Elevated ——— levels in breast cancer tissue may be involved in metastasis.

- A CA 19-3 B CA 17-6 C CA 15-3 D CA 13-5

105. A successful bioassay for breast cancer will need to overcome:

- A expression patterns within different histologic types B additional patient conditions C intrinsic human biochemistry D all of the above

106. The Early Detection Research Network consists of which component(s):

- A Biomarker Discovery Labs B Biomarker Validation Labs C Clinical Epidemiological Centers D all of the above

107. The result of Phase 3 of biomarker research is:

- A a "screen positive" rule defined B clinical assay detects established disease C impact of screening is quantified D promising directions identified

108. Until the ———, the search for cancer biomarkers proceeded through the one-by-one investigation of candidate genes and proteins.

- A late 1980s B early 1990s C mid 1990s D early 2000s

109. Additional high-throughput methods focus on cancer-induced changes in protein pathways and populations:

- A within the tumor cell B at the tumor host interface C both A and B D neither A nor B

110. ——— directly examines the relationship between gene expression profiles and a clinically determined variable.

- A unsupervised analysis B supervised analysis C primary analysis D secondary analysis

111. Van't Veer and colleagues determined expression patterns of ——— primary breast tumors using oligonucleotide microarrays of 25k genes.

- A 98 B 110 C 77 D 85

112. Mutations in DNA repair genes that normally protect the body against cancer-related mutations often result in chromosome loss.

- A True B False

113. A(n) ——— is defined as a variation of a specific nucleotide that is present in over 1 percent of the population.

- A SMP B CGH C LOH D SNP

114. Current protein microarrays can display less than ——— percent of the total cell proteome;

- A 8 B 20 C 10 D 30

115. A typical proteomic profile can include more than ——— data points.

- A 15,000 B 20,000 C 10,000 D 12,000

116. A serum proteomic test will only reveal certain biological characteristics of a tumor, such as:

- A the size B shape C location D none of the above

117. Even experts in the field disagree on the merits of the various ——— methods employed to bring molecular profiles into focus.

- A technical B publishing C research D statistical

118. Targeted molecular therapies are likely to inhibit cell proliferation rather than kill tumor cells.

- A True B False

119. The imaging used agent to target estrogen receptors (ERs) is:

- A FLT B fluoroestradiol C iodobenzamide D FDG

120. The imaging modality used to target Mucin-1 glycoprotein (MUC1) is:
 A MRI B SPECT C PET D NIR Optical
121. The imaging modality used to target Cathepsin D is:
 A MRI B SPECT C PET D NIR Optical
122. The portion of the EM spectrum used for SPECT imaging is:
 A high-energy gamma rays B low-energy gamma rays C radiowaves D high-frequency sound waves
123. Functional MRI was introduced as an imaging technique in the ———, but was not widely used to detect breast cancer until the late 1990s.
 A 1970s B 1980s C early 1960s D late 1960s
124. Fluorescent probes that emit in the near IR have ——— tissue penetration and minimal background fluorescence.
 A minimal B moderate C maximal D deep

CHAPTER SIX: THE NECESSARY ENVIRONMENT FOR RESEARCH AND DEVELOPMENT

125. Once a technology reaches the prototype stage, it is typically tested in small clinical studies, usually involving fewer than ——— subjects.
 A 40 B 50 C 60 D 70
126. According to their website, NCI supports 2,932 breast cancer projects and ——— clinical trials.
 A 112 B 183 C 88 D 154
127. In 2002, lung cancer received 5.65% of the NCI cancer budget, whereas breast cancer received:
 A 9.8% B 18.2% C 15.9% D 12.73%
128. This is the focal point for evidence-based assessments of medical practice on behalf of the medical community and the public:
 A MCAC B OMAR C AHRQ D CMS
129. No federal agency in the United States has both the mandate and power to support a comprehensive approach to technology assessment.
 A True B False
130. Which of the following was created in 1972?
 A National Center for Healthcare Technology B NIH Consensus Development program C OTA D OMAR
131. Intense debate over the value of AHRQ happened in which year?
 A 2003 B 2005 C 1997 D 1999
132. ——— has the potential to contribute to rational decision making by providing estimates of the magnitude of costs and health outcomes.
 A cost-benefit analysis B clinical analysis C technology analysis D cost-effectiveness analysis
133. Common reasons for failures in clinical trials include:
 A bias B too narrow a patient population C poorly described patient populations D all of the above
134. In 2001 AHRQ reviewed 500 studies involving more than 30,000 women, but all factors except ——— were excluded due to poor methods.
 A weight B family history C age D genes
135. ——— is the term used for the time interval from diagnosis to death from cancer, in patients who contract the disease.
 A duration B survival C incidence D span
136. Primary prevention is the control of cancer through reduction in the ——— of the disease.
 A duration B mortality C incidence D span

155. An example of a Class I low risk product would be:
A CAD B wheelchairs C crutches D all of the above
156. An example of a Class II medium risk product would be:
A band-aids B syringes C pacemakers D breast implants
157. Only about ——— of devices are approved on the basis of clinical evidence of safety and effectiveness.
A 10 percent B 5 percent C 15 percent D 20 percent
158. The T-Scan 2000 was approved in:
A 1998 B 1999 C 2000 D 2001
159. The blood test Truquant® BRTM RIA by Biomira, Inc. was approved in ——— to monitor the recurrence of Stage II or II breast cancer.
A 2003 B 2000 C 1998 D 1996
160. The FDA Modernization Act of 1997 requires the agency to make a written record of meetings with manufacturers.
A True B False
161. In January ———, the FDA launched an initiative designed to accelerate the development of new technologies.
A 2002 B 2003 C 2001 D 2000
162. When a guidance document exists for a Class II product, the manufacturer has about a(n) ——— percent chance of getting it approved.
A 85 B 90 C 65 D 75
163. Because most clinical trials exclude participants older than ——— years, most trials do not have adequate numbers of elderly patients.
A 55 B 60 C 65 D 70
164. Congress has mandated ——— reimbursements for digital mammography.
A higher B lower C fewer D more
165. Once coverage has been granted for a medical procedure or treatment, it can be ——— to rescind it.
A somewhat easy B slightly difficult C very difficult D extremely easy
166. CPT codes were historically updated once each year and CMS often took ——— to issue the codes, creating barriers to patient access.
A 3-6 months B 2-4 years C 6-12 months D 1-2 years
167. ——— are a set of temporary codes intended for tracking emerging technologies.
A Category II B Category III C Category IV D Category V
168. ——— is an organization of institutions, funded by the NCI, which manages clinical trials of cancer-related imaging technologies.
A caBIG B NCICB C ACRIN D AHRQ
169. The ICBIO was established in ——— to bring together technology developers and representatives from the federal government.
A 1999 B 1997 C 2000 D 2002
170. ——— is exploring development of regional translational research centers.
A The AAMC B NIH C The AMA D The FDA
171. During the first 3 years of the project, researchers enrolled about 10 patients per day, uploading their mammography data to:
A the FDA database B NAMI C the NIH database D the NDMA
172. Currently, very few clinical trials are funded to determine whether new technologies may improve detection/diagnosis of breast cancer.
A True B False

CHAPTER SEVEN: TRANSLATING NEW TECHNOLOGIES INTO IMPROVED PATIENT OUTCOMES

173. ——— refers to the likelihood that a particular intervention will benefit patients when used under optimal experimental conditions.
- A Adequacy B Usefulness C Effectiveness D Efficacy
174. Without ———, patients are subject to ineffective, or even harmful, medical treatments.
- A evaluation B deployment C assessment D monitoring
175. Technology ——— is the surveillance of patient outcomes after the introduction of new technology.
- A evaluation B deployment C assessment D monitoring
176. Ideally, issues related to technology use, such as “ease of use,” are integrated into technology:
- A design B deployment C evaluation D monitoring
177. The complexity of technology adoption is likely to be further increased by the reduction in:
- A amount of funding B size of patient populations C amount of willing participants D number of trials being conducted
178. The fastest individuals or groups to adopt new technologies are the:
- A early majority B early adopters C innovators D traditionalists
179. Generally, simple technologies are adopted faster than complicated ones.
- A True B False
180. ——— percent of the potential BRCA1 mutations are tested by Myriad, and their testing has missed mutations.
- A 1-2 B 10-20 C 3-5 D over 50
181. Even without clear evidence and without widespread coverage, digital mammography generated about ——— in revenues.
- A \$40 million B \$70 million C \$110 million D \$230 million
182. In the mid-1980s a few studies indicated that HDC/BMT might be beneficial, and belief spread like wildfire, despite a ——— of mortality.
- A 10 percent risk B 20 percent risk C 5 percent risk D 15 percent
183. BRCA testing and protein profiling based on microarray analysis are both examples of:
- A improved technologies B traditional technologies C void-filling technologies D innovative technologies
184. Many of the important new technologies in breast cancer detection and diagnosis rely on improvements in:
- A screening B imaging C procedure D information handling
185. Technology ——— is integral to recognizing the need for improvement, as well as for achieving improvement.
- A design B assessment C evaluation D monitoring

CHAPTER EIGHT: RECOMMENDATIONS

186. An example of a category from the committee’s recommendations for strategies to reduce the toll of breast cancer is:
- A improve current technology B improve implementation of new technologies C adequate testing D all of the above
187. Experience with the ——— demonstrates that a national quality assurance program could be successful in the United States.
- A ACR B PERFORMS C MQSA D Colorado Mammography Project
188. The addition of CAD is unlikely to improve the accuracy of all breast imagers.
- A True B False
189. The supply of radiologists (and therefore of breast imagers) is ——— to grow as quickly as demand for their expertise.
- A very likely B poised C unlikely D somewhat likely

190. ——— screening strategies, the committee believes, are essential to improving the early detection of breast cancer.

- A More widespread B Risk-based C Earlier D Heredity-based

191. Mammography screening guidelines already take into account two of the most significant breast cancer risk factors:

- A age and weight B gender and age C gender and weight D age and family history

192. The likelihood that a woman will adhere to screening recommendations depends, in part, on her ——— of developing breast cancer.

- A likelihood B risk C hereditary risk D perceived risk

BREAST CANCER DETECTION COURSE POST-TEST ANSWER SHEET

RADUNITS.COM

(Page 1 of 2)

Fill in each blank. There are two options to submit the post-test.

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First name:

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ARRT license number:

Florida techs only - enter state license number. All others enter N/A.

Telephone:

Date:

When part of a group order or if the post-test is purchased under another name – enter the order number or purchasing name:

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